

2025 Ed-Co Pre-Season Football Camp

Any Ed-Co athlete entering grades 3-12 is eligible to attend. This camp will cover the fundamentals of football and will be coached by members of the Ed-Co football coaching staff.

When: 3rd-6th Grade August 4th-6th 8-9:30 AM
7th-12th Grade August 4th-8th 10-11:30 AM

Where: High School Game Field

What:

Learn about the fundamentals of Ed-Co Football from our coaches

1. Proper stretching and warm up
2. Offensive and defensive fundamentals
3. Individual position skill development
4. Basic offensive and defensive playbook and scheme
5. Light contact with bags and padded equipment

Expectations:

- There will be **NO TRANSPORTATION** to or from the field provided
 - Parents are welcome to attend and observe
- All athletes will be in athletic clothing and have supportive athletic shoes/cleats
 - Mouth guard recommended, **not** required

Cost:

\$30 Checks made to Ed-Co Schools. The cost includes a camp T-Shirt! Grab a buddy and get ready to get better!

Return this form signed to the Ed-Co District Office with payment by **JULY 28TH to guarantee a shirt!** You can also use the dropbox if the office is closed.

Shirt Size

YS____ YM____ YL____ YXL____ AS____ AM____ AL____

AXL____ AXXL____ AXXXL____

Participants attending Ed-Co football camp understand and acknowledge the inherent risks associated with physical activity and agree to hold harmless both the coaching staff and the Edgewood-Colesburg School District for any injuries sustained or property lost during the camp. By registering for the camp, participants and their guardians waive any claims against the coaches and the school district for liability, injury, or property loss incurred during camp activities.

Parent or Legal Guardian_____

Date_____

Contact Coach Hanna for more information.

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